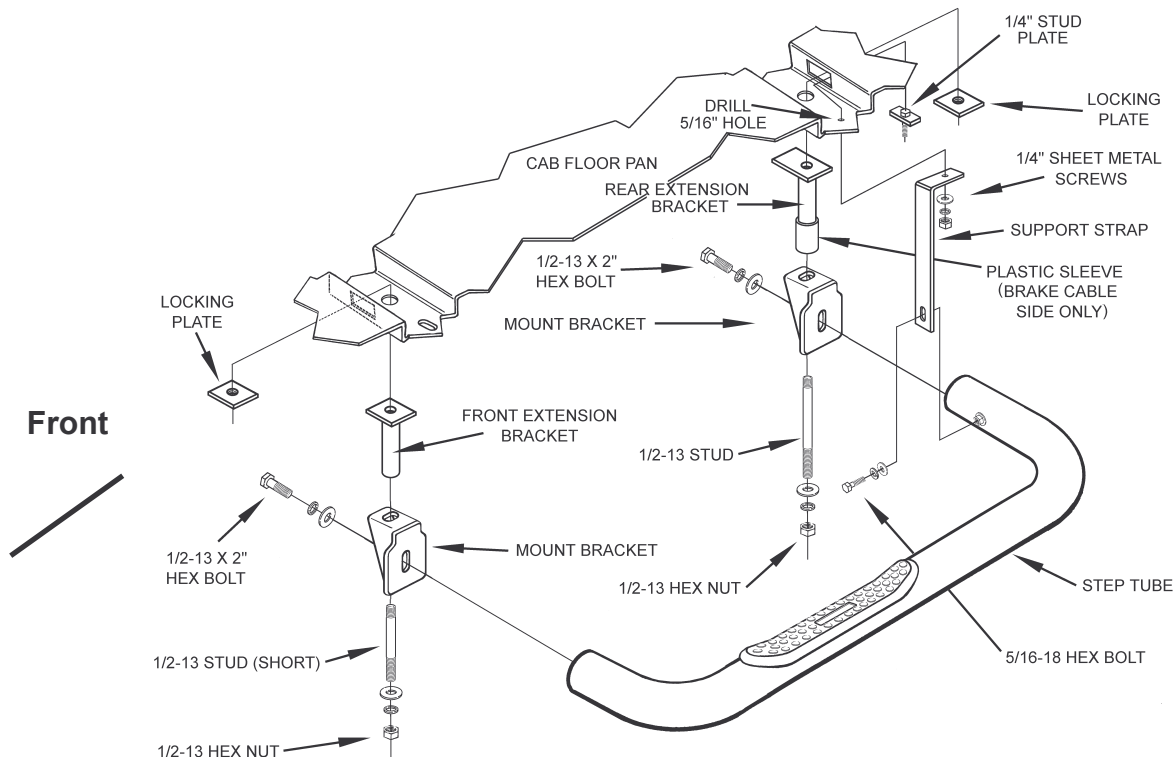


# BACK COUNTRY<sup>®</sup>

FORD STANDARD CAB 7053

<b>CONTENTS:</b> (2) Step Tubes	(4) Mount brackets	(2) Front short extension brackets
(2) Rear long extension brackets	(4) Locking plates	(4) 1/2-13 x 2" hex bolts
(8) 1/2" flat washers	(8) 1/2" lock washers	(4) 1/2-13 hex nuts
(2) 1/2-13 studs 7 1/2" long	(2) 1/2-13 studs 11" long	(2) 5/16-18 x 1" hex bolts
(2) 5/16" flat washers	(2) 5/16" lock washers	(2) 1/4" strap stud plates
(2) Support straps	(2) 1/4-20 hex nuts	(2) 1/4" flat washers
(2) 1/4" lock washers	(1) Plastic sleeve	

1. The brackets on this kit mount to the vehicles cab, not the frame like some other applications. You will notice a structural support member with a hole at both the front and rear of the cab, this will be the mounting location.
2. Take a steel locking plate and insert it into the cavity inside the support member through the rectangular opening at one side.
3. Next, insert the 1/2-13 stud into the round hole and thread it into the locking plate inside the support member. Make sure stud is threaded all of the way through the locking plate. The 11" stud should go toward the rear of the vehicle, the 7 1/2" stud goes toward the front.
4. Slide the extension bracket (long goes toward the rear) and a mount bracket onto the protruding stud, then install a 1/2" flat washer, 1/2" lock washer, and a 1/2-13 nut to hold everything in place. At the rear, the extension bracket is offset, rotate it until the widest portion is toward the inside of the vehicle (the driver's side rear gets a plastic sleeve, see illustration). Leave brackets loose enough that they can be moved back and forth.
5. Bolt the tube to the brackets with two 1/2-13 x 2" hex bolts, lock washers and flat washers. Do not tighten bolts yet. On Flareside models, if the tube hits the splash guards, move the assembly as far back as it will go before tightening.
6. Bolt the support strap to the rear of the tube with the 5/16-18 x 1" hex bolt. Adjust the strap so it is vertical, then mark the hole location. Remove the strap and drill a 5/16" hole in that location. Insert the 1/4" stud plate into the cavity in the rear support member so the stud portion protrudes through the 5/16" hole you have drilled. Attach the strap at the top by installing a 1/4" flat washer, 1/4" lock washer, and a 1/4-20 hex nut. Now reinstall the 5/16-18 x 1" bolt, flat washer and lock washer, torque to 8-12 ft lbs. Align tube, then tighten all bolts, torque 1/2-13 bolts to 50 ft lbs.
7. Repeat steps on opposite side of the vehicle.



**7053 97-03 FORD F-SERIES Standard Cab Pickup under 8500 GVW**

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